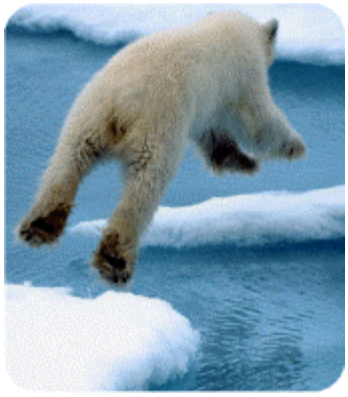
Earth Stewards: a weekend of inspiration and hope with Annie Spencer & Cathy Shea

'Shamans see that illness comes from living a life that is out of balance and disharmonious. we must ..help people live a life of honour and respect for nature and the rest of life. In this way harmony and health can return to the planet again...'

Sandra Ingerman



At this time of upheaval and confusion we are calling to those who feel the pull to reconnect and remember, to find ways to bridge the gap between the needs of the earth, the plants, the animals and humans. How can we do this? What is needed to bring our society into a better way of living? How can we find the strength for such a gargantuan task? Can each one of us really make a difference? Find your inspiration, regain your hope and join the growing millions of ordinary people around the world who are becoming part of the solution.

On this weekend, open to experienced practitioners and newcomers alike, we will explore these issues with proven experiential practices combined with traditional shamanic journeying and ceremony. We will:

Dream with the earth for inspiration
Journey to her guardians to learn what role we might play in her protection
Make ceremony on the land to empower ourselves for the way ahead.

To become an earth steward we need to trust that if we make a small move then, like the butterfly, we too can summon up a tornado of change.

ANNIE SPENCER: A ceremonialist and workshop leader with an Oxford MA and a diploma in Humanistic Psychology, has been running groups and trainings for over 20 years. Annie has studied indigenous teachings from around the world including those from Native Americans and the Mayans. She weaves these traditions with the old ways of this land. As a teacher, Annie opens pathways for others – illuminating their life's journeys.

CATHY SHEA discovered Native American teachings in the mid 90s and these brought spirituality into the centre of her life. Being Irish by descent, she has long had a love for our Celtic Heritage and the two traditions have consistently fed one another on her journey. Cathy holds a deep love for our Mother the Earth and all that she provides.

Dates: Friday evening 12 March – Sunday 14 March
Venue: Hazel Hill near Salisbury: an ecolodge in 70 acres of woodland
Cost: £220 fully residential. Some bursaries may be available.

Bookings & enquiries: phone Lucy on 01420 590348 or email info@hartwell.eu.com
www.Hartwell.eu.com

Healing our Ancestral Lines with Annie Spencer and Cathy Shea

Cords run back through the ages connecting us through our ancestral lines to the many men and women who walked this earth before us. Life moulded them as it moulds us. And their influence is felt by us today. We experience it in ourselves and we experience it in the patterns we see in our families. Our hearts resonate to the same rhythms as did theirs. From some, we gain wisdom and loving understanding. But others send us their messages of despair and bitterness. Here is an opportunity to clear and heal these old patterns for ourselves and for those who come after us.

Working with shamanic techniques and ceremonial ways, we will explore what our ancestral lines hold for us and heal some of the old woundings that we may carry. Together we will make ceremony to honour those who made us who we are today and to honour the forgotten ones so that they may rest.

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Dates : Saturday 14 – Sunday 15 February
Venue : Bath
Cost : £110. Some bursaries may be available.

Bookings & enquiries: phone Lucy on 01420 590348 or email info@hartwell.eu.com
www.Hartwell.eu.com